



# ECHO V.17

## CCSC NEWSPAPER 2021-2022

Website: <http://www.ccsc.edu.hk>

### Message from the Principal

## First Step to Common Dream

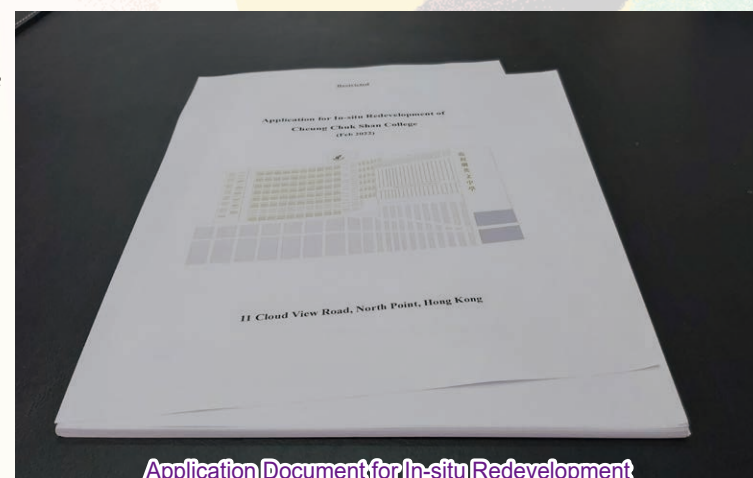
By Principal Mr. Au Chun Keung



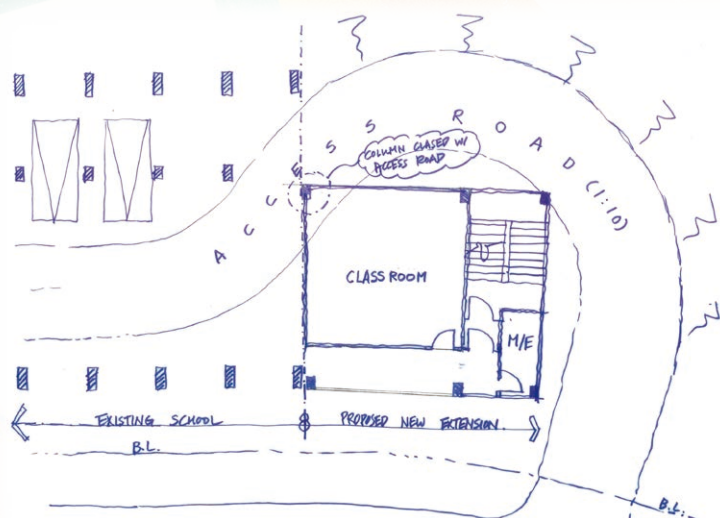
Outlook of our School in 1969

Anticipating the realization of this common dream to be a remote hope, we have already prepared to continue the nurture of our students with only the existing infrastructure and facilities, striving hard to keep the quality of education offered using different means while looking for other chances for improving the school campus.

We really felt blessed when the chance of taking the first step to our common dream of having a new school campus was opened to us on 25 November 2021, when the EDB inquired about our intention to apply for in-situ redevelopment. Thanks to the full support of the Incorporated Management Committee, we could respond swiftly and positively to the inquiry. We understood well from a survey administered in December 2021 the worry of parents of our current students about the impact of the project on the learning and school life of their children, and also the intimidating workload incurred if our application was successful. However, we knew pretty well that if we declined the invitation, we might be denied another similar chance in the future, since we would be perceived as lacking enthusiasm or determination for school improvement. On the other hand, if full-scale redevelopment could be carried out, the space available for use would be greatly expanded, thus enabling our School to take on the increasing demands of the curriculum of the 21st century. On 22 December 2022, we were formally invited to submit an application for in-situ redevelopment. Even if there was no guarantee that the application would definitely be accepted, the chance was probably the best Christmas gift the School has ever received, wasn't it?



Application Document for In-situ Redevelopment



Improvement Plan - Erecting New Block at School Entrance

Though the application has been made, there is still a long way to go before we can be certain that our common dream can be fulfilled. In case we pass the first round of screening, we would be asked to conduct a technical feasibility study, which provides the construction plan and estimates the construction cost for the consideration of the EDB. It is believed that the administrative procedures would take several years before the construction work begins even if we are finally chosen to start the redevelopment project. For the time being, let's keep our fingers crossed and imperturbably wait to see if we can move one more step towards our common dream.



# Graduation Day 2020-2021

## STUDENT REPRESENTATIVE'S SPEECH

6A Graduate Choo Long Tin Leo

Professor Yu Chai Mei Jimmy, Supervisor Mr. Chow, IMC Managers, Principal Mr. Au, teachers, fellow schoolmates, ladies and gentlemen,

I'm Leo Choo from S6A of 2021. It is my pleasure and honor to represent all graduates to deliver a speech today. I'd like to take this opportunity to express our sincere gratitude towards our school.

I still remember my first day of school 6 years ago. When I was walking up Cloud View Road, I stared at the pillars under the school campus, wondering how it was possible for a few 'toothpicks' to support such a gigantic building. After 6 years, we are now attending the graduation ceremony in the school hall ecstatically. Erected on Braemar Hill for more than half of a century, our school has proven its imperishability; every brick has witnessed the graduation of numerous future pillars for our society.

During the six-year secondary school life, we have created countless joyful moments and memories. I'm sure everyone would agree that Music Fiesta was one of the most exciting annual events, in which we devoted our time and energies to the practice of singing and dancing. Do you remember the fun we shared on this stage? Do you remember how we worked on complicated dance moves and performed like professional teams? Without a shadow of a doubt, we have to thank everyone in this family for our growth.

We would like to, at first, thank our principal, Mr. Au, and all the teachers, for your selfless commitment to our development. Learning has never been an easy task; it requires assiduous efforts and



I am proud of being a member of S6A and our friendship will last forever.

unremitting diligence. Our teachers have dedicated their precious time to teach us with superior knowledge. More importantly, they instilled in us a love of exploring and learning. Learning is a lifelong process. Teachers, you have inspired us to learn from mistakes, embrace whatever challenges we may encounter, and ultimately, become future leaders in Hong Kong. Besides academic support, we also thank you for giving us emotional support to get through these challenging times and offering us invaluable guidance to plan our futures. Now, we have the academic intelligence and the mental strength to stride towards our rosy future with confidence.

It is no exaggeration that we've gone through the most challenging times lasting for over a year due to the unprecedented pandemic. Graduates! Do you remember the moment when the Education Bureau announced an indefinite suspension of face-to-face lessons? It was so bewildering that questions like "Could we finish the curriculum in time? How many past papers could we do before the DSE exam? And would online lessons be as effective as face-to-face lessons?" all popped into my head. But with the school's efficient organization and our teachers' dedication, we were able to catch up with the progress very quickly. And now, despite being the first generation of HKDSE candidates to be severely affected by the unprecedentedly dreadful coronavirus, we have successfully made our way through the exams and gained a seat in this hall. In the six years of secondary school life, we have gone through a vast array of challenges, and our achievements cannot be overstated. Whenever we face adversity in the future, we should believe that we can push through. Graduates of 2021, remember, you have done a wonderful job.



My parents are touched as I have embarked on a new journey as a student.

Now I'd like to thank my dearest classmates, my fellow 2021 graduates. I used to worry about getting along well with you all when I first entered CCSC, but I'm delighted that I've become a part of this wholesome community. Your support has always been crucial for me to move forward. Although our secondary school life has come to an end and we have to embark on a new journey, the relationships born here will last a lifetime as our futures are forever intertwined, right?

Finally, we'd like to thank our parents; your greatest love and care for us. Without you, we wouldn't have been able to go through these difficult times. You've been our strongest shields, protecting us from all danger. You've been our substantial shelter, allowing us to rest whenever we encounter a storm.

It's said that it takes a whole village to raise a child, so please let us give thanks to our nurturing school, lifelong friendships, and most importantly, our loving families.

Before I end the speech, I'd like to share with you a word of wisdom. Whenever you're going through tough times, please remember: nothing lasts forever. This too shall pass. Embrace hope, perseverance and your beliefs. We are here, going through hard times together. Thank you.



Expressing my sincere gratitude to my teachers, schoolmates, and parents.



# REFLECTIONS

Under the raging pandemic, we were very lucky to have an unforgettable graduation ceremony on 18<sup>th</sup> September 2021. Putting on the gown, I realized that I had grown up and would shoulder more responsibilities. Unquestionably, the gown was so crucial to every graduate as it offered a sense of ritual to the ceremony.

Before the ceremony began, there was a video showing photos of us joining various activities, including exchange programmes and ‘Shall We Talk’. Those photos are reminiscences of the unforgettable fragments in my secondary school life. Six years flew by, it soon came to the moment for the presentation of graduation certificates. Upon receiving the roll of paper exquisitely tied with a red ribbon from our honorable guests, I bowed to the teachers, parents and schoolmates. At that instant, I felt very grateful for all their support and care.

After the ceremony, we took class photos in front of the stage. I still vividly remember the beaming faces of all my classmates when we threw the certificates up high in the air. It’s really a thriving and passionate moment that I’ll never forget! Leaving the hall, we thronged to the covered playground and the school entrance for another photo-taking session with parents and friends. At that time, I could see



Class 6B - A group of diligent and funny students with lots of dedicated teachers.

everyone seize the last chance to leave a wonderful memory here with all their friends. The sun set as usual, while the flashlight of the cameras lit up every corner of our campus, the place we grew up together. However, unavoidably, it’s time to say ‘Goodbye’ to our secondary school life.

Graduation Day marks an important milestone in my life. With the curtain falling on our precious six-year secondary school life, I realize that I’m no longer a secondary school student but an alumna who would share her experiences with the juniors and contribute to our school.

## 6B Graduate Tam Kiu Wai



My family - the ones who always support me.

Walking up the stairs towards my school six years ago, I was amazed by a building with a curved surface supported by some ‘toothpicks’ in front of me. Time flies like an arrow, my perception towards the school building has converted from astonishment to nostalgia during my six-year secondary school life, and I finally experienced my once-in-a-lifetime graduation ceremony in Cheung Chuk Shan College today.

When I entered the classroom, there were already lots of classmates dressed in their graduation gowns chatting and sharing their university life. Immersed in this joyful atmosphere, however, I felt a bit upset. It’s because this scene symbolized the end of our secondary school life, which we would miss forever. When I knew that some classmates could not attend the ceremony, I was even flooded with sadness as it would be difficult, if not impossible, to gather all of us in the school next time.

While receiving the graduation certificate from the guest further reminded me that I had graduated from CCSC, I didn’t feel down. The blessings from all the attendees in the ceremony made me feel proud to be one of the graduates today and I should not regard graduation as a tragedy and indulge myself in gloom anymore.

Revisiting the school to attend the graduation

ceremony after a few months recalled the precious memories of my six years in CCSC – getting help from peer counsellors, pursuing the same goal with classmates, and supporting each other during the arduous study break. All these memories would connect the school with my future self. Undoubtedly, such a strong bond between the school and me will never break.

Last but not least, I would like to share with you one of my favorite lines in the lyrics of the school song: ‘*Our roots are here, we will never forget.*’ Although I have left CCSC, I will always remember that it is my second home. The bond will last forever, and in the future, I will try my best to contribute to our school as a gratitude towards what it has done for us.

Thank you for the nurture from my school, and I wish CCSC a bright future.



## 6D Graduate Tsui Man Yui

A brilliant full stop for our secondary school life – Graduation Day

Standing in front of the school gate, I recalled all my sweet memories. Six years ago, it was the first time my younger self had stepped into this school. The shy 13-year-old knew no one and was anxious. It was never easy to get adapted to a new environment; mercifully, she met and was befriended by a lot of nice people here.

We were a special class. The global pandemic is a cruel thief stealing the time that we were supposed to be together. It's been a long time since

the last time we saw each other face-to-face copying notes from one another. Yet, the pandemic also made us realize no matter how difficult it was, our teachers would stand by us and help us selflessly. Not only did they teach us a lot, but they also cared about us.

Seeing the faces of my parents, teachers and classmates, I couldn't help getting emotional. I could not imagine how many life lessons and opportunities I would have missed if I had not met these people. Tidying my long, black gown, my parents put their hands on my shoulder. "Say cheese!" The camera captured this precious moment, at which everyone beamed with delight.

"Josie!" Someone called my name; it was my classmates waiting for me. I rushed to their side. Three, two, one! We threw our certificates high up in the air at the same time, and giggled shoulder to shoulder. The graduation ceremony put a full stop on our secondary school life.

Oh, it's time to say goodbye to the nostalgia for our secondary school life as there are wonderful adventures awaiting us to explore. While the pandemic may have stolen quite a lot of things from us, we should not focus on the loss. Let's embrace a new chapter in our lives!



Blue is a color of inspiration while white symbolizes perfection; every corner of our campus is full of blessing.



Honorable guests witness this special event and share the pride and joy with our graduates.



Two lovely balloon-sculpting models of our students are placed at the entrance for photo shoot.

## 6B Wan Tsz Tung (Master of ceremony)

I was more than elated at being the master of ceremony on the Graduation Day of Class 2021, and it was my honor to host such an important event of CCSC again.

I've never been a shy person and I also have countless experiences in dealing with huge audiences, but to be the host of this special occasion, which also featured the centenary celebration of the sponsoring body of our school, the Five Districts Business Welfare Association, was without doubt a huge challenge to me. Thanks to Mrs. Chung's skillful training, me and my partner, Yannie, were able to grasp the essentials quickly. As there were many additional special procedures for this year's ceremony, we needed to familiarize ourselves not only with our lines but also with the rundown of the event. I still remember that one time when we were rehearsing the balloon-popping scene for counting down the 100th anniversary, I got startled by the

popping sound of the enormous balloons and almost jumped off the stage. My mouth wide opened and I wasn't able to continue with my lines immediately. It may sound silly but having lots of balloons popping right next to us was really thrilling.

When the big day came, I was excited but skittish as it was such a crucial event that everyone, including myself, expected an impeccable performance. My heart skipped a beat when I looked at all the distinguished guests and parents of the graduates. My hands kept sweating and a handkerchief was needed for wiping the microphone dry. At the beginning, I was still a little tense. Every time I went backstage, I had to take a deep breath to calm myself down. Luckily, over the course of time, I got accustomed to the atmosphere and with the help of my past experience, I managed to collect myself and stick to all the details with confidence. Besides, the humorous speech of Professor Yu, Head

of United College of the Chinese University of Hong Kong, was so resounding that it made me give a knowing smile. I eased up even more after listening to his speech. Thenceforth, all the things fell in line. When it was time to pop the balloons, the guests were so enthusiastic that they couldn't contain their excitement and popped them all in no time; even the solemn guests could have their kiddy sides.

Time flies like an arrow, I will have my graduation day next year. I feel like only yesterday that I joined the big family of CCSC. It feels so unreal that I will be one of the graduates in due time. Words cannot describe how thankful I am to my teachers and how much I'll miss my school. The clock is ticking near. Hopefully, on the graduation day next year, I will join the event with the accomplishment of a remarkable DSE result and being admitted to the degree course I've always longed for.



## 陳錦盈老師 (Miss KY Chan)

各位同學，我是陳老師，任教經濟及數學科，畢業於香港中文大學，主修工商管理。在這裏教學快兩個月，我發現張祝珊英文中學的同學們都很有禮，而且學習態度認真積極，同學之間相處亦十分融洽。每次看到同學認真學習、主動發問，漸漸進步和成長時，都會帶給我很大的動力，亦是我想成為老師的原因。閒時，我喜歡看電影，也喜歡戶外活動，同學可以和我分享有趣的電影，也可以推薦一些風景美麗的遠足路線給我。

在大學時期，我曾經是義工團體扶輪青年服務團的成員，參加和舉辦過不同的社區服務及義教團，例如：探訪獨居長者、探訪內地留守兒童及義教、到訪智障兒童宿舍等等。如果同學對義工活動有興趣，或者想了解更多，都可以來找我聊天。我很樂意和同學分享我的得著和經歷。除此之外，我曾經學習過基本的日語，如果同學正在學習日文或其他外語，歡迎和我交流學習心得，也可以向我推介日劇及電影，或是你在日本旅行的難忘經歷。



## 陳麗怡老師 (Miss LY Chan)

大家好！我是任教物理和科學的陳麗怡老師，很高興來到張祝珊英文中學認識大家。來到這個大家庭已經一段時間，張祝珊的學生上課很認真專注，學習能力也很強。教導你們，讓我感到很有成功感，很享受。

我畢業於香港科技大學物理系，大學濃厚的學習氛圍促使我更深入研究物理，發掘了當中的趣味。同時，我在大學認識了基督教信仰，研究聖經中的真理，從中得到生命的動力。物理學讓我認識萬物的運作規律，基督教信仰讓我了解生活的意義。感謝上帝的帶領，讓我在大學物理系取得不俗的成績，入選傑出學術成就名單(Dean's List)。

我是容易緊張的人，假日會跑步、聽歌、跟朋友相聚，讓我放鬆心情，保持身心健康。像很多年輕人一樣，我也喜歡看YouTube，主要觀看跟學術有關的影片，以滿足我的求知慾，有時還可以豐富我的教學。

我很喜歡當老師，因為我喜歡跟學生相處，能讓學生進步也令我很成功。我是好的聆聽者，很喜歡聽你們的分享。同學對成績很著緊，如果你有什麼壓力、困難，歡迎找我傾訴，交流讀書心得。



## 何永達老師 (Mr. WT Ho)

**任教科目：**企業、會計與財務概論、數學

**大學主修：**工商管理（會計及財務）

**對同學第一印象：**單純、可愛

**興趣：**閱讀、思考、看劇集及設計系統（如理財系統、投資系統等）

**做老師的原因：**

1. 人生使命：與他人分享自己懂得的知識及經驗；
2. 滿足感：看見可塑性高的年青人成長；
3. 生命導師：引導青年人前往正確的方向

**有關我的兩、三件事：**

1. 同時持有認可財務策劃師(CFP<sup>™</sup>)及美國壽險管理學會會士(FLMI)的專業資格。
2. 原本家中領養了一隻貓，但因為擔心牠感到沉悶及寂寞，所以分階段領養多了三隻貓，是「貓奴」。
3. 經常被人問路，差不多平均每個月一次。



## 林詠欣老師 (Miss M Lam)

**任教科目：**英文

**大學主修科目：**英文

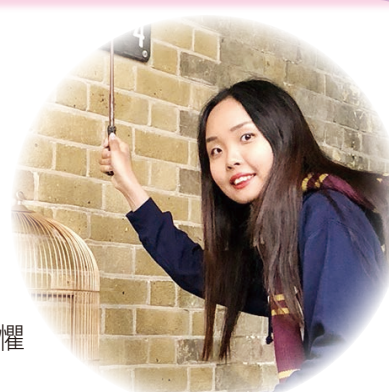
**對同學第一印象：**乖、勤力

**興趣：**看書、彈琴、在Netflix看劇和紀錄片

**做老師的原因：**希望可以跟學生一起成長，啟發他們主動學習，學會從錯誤中學習，無懼挫折。

**有關我的兩、三件事：**

1. 中學生涯我最深刻的經歷，是有份參與馬年年宵市場。那年十月和同學一起上廣州入貨、十二月（農曆新年前）和同學每天留校準備和執拾貨品直至下午六時、在年宵市場推銷產品、在年三十晚通宵擺賣後由維園步行回校……這些回憶仍然歷歷在目。中學時候的我比較文靜，感謝司徒老師對我的信任，讓我負責年宵市場，訓練了我的領導才能。
2. 大學時期最快樂的回憶是在2018年，正值大學三年級，我以交換生身份去英國交流半年。在復活節假期和學期結束後，我和幾位朋友一起歐遊了六星期，從西歐到東歐，一共走訪了13個國家，看到了許多不一樣的風景，感受了各地的風土人情。我希望疫情盡快結束，之後有機會和張記的同學周遊列國。



## 李鎮聲老師 (Mr. CS Lee)

**任教科目：**數學、資訊及通訊科技

**大學主修：**工商管理（資訊系統學）、精算學（香港科技大學）

**對同學第一印象：**勤學好問、多才多藝、刻苦鑽研

**興趣：**旅行、閱讀、籃球

**做老師的原因：**

我在求學時期，不論學習還時擔當要職，都不乏老師的鼓勵和支持，更難能可貴的是他們發掘了我的長處，並給予發揮機會。正因如此，我亦希望成為不止於傳道、授業和解惑，且能發掘同學才能的老師。

**有關我的兩、三件事：**

1. 雖然任教科目是數學和資訊及通訊科技，我仍會於閒暇透過閱讀、與他人交流的方式，學習其他領域的知識：例如思考方法、哲學、心理學、溝通、判斷和決策等等。
2. 我盼望自我增值同時，亦能與同學分享得著，令同學明白到「終身學習」將會是一輩子裡回報最高的投資。
3. 我們現正經歷第四次工業革命，所需的知識和技能已經不能單純以學科分類。我鼓勵同學嘗試改變思維，以「跨領域」的方式學習，以應付瞬息萬變的未來！



## 王安盈老師 (Miss OY Wong)

**任教科目：**通識教育、公民與社會發展、生活與社會、生物

**大學主修：**通識教育課程（香港中文大學）

**對同學第一印象：**聰明、勤奮

**興趣：**旅行、做運動、瑜珈

**做老師的原因：**

希望能多與年輕人接觸、建立關係，以繼續保持自己心境開朗、每天都充滿新鮮感！

**有關我的兩、三件事：**

除了擁有「新老師」這個身份外，我也是2015年「張記」畢業生。曾在其他學校任教，機緣巧合之下再次回到「張記」，成為教職員的一分子。看見現時學校為同學提供了許多課堂以外的學習機會、更良好的課室設備，為同學感到高興之餘，也有點羨慕他們呢！





# Mini Games Day

Many school activities have been canceled on account of Covid-19. One of them is Sports Day, an annual event which many students long for. Seeing students' disappointment about losing this precious opportunity to exhibit their skills, our school arranged an alternative activity – Mini Games Day!

Frankly, S1 students are the very lucky ones. While Sports Day had been canceled, they could still experience Mini Games Day in their first year of secondary school life. Understandably, S1 students are usually full of expectation for everything in a new learning environment. I experienced disappointment last year, and therefore I really understand how great it would be to have a makeup activity for Sports Day. Surprisingly, House Orientation was held before Mini

Games Day for S1 and S2 students. Getting to know more about the house spirit, we were instilled with a sense of belonging to our House and we were ready to fight for our house on Mini Games Day.

I believe you would subscribe to my view on the arrangement of Mini Games Day; it was very well designed. There were 6 different activities in total. All my fellow schoolmates were actively engaged in the event. Our school was filled with laughter, applause and cheers. Although some of the activities such as basketball, ping-pong shooting and mini bowling might not be as exciting as what I expected, I still saw participants trying their best to score for their Houses. For me, the most unforgettable activity was mini bowling. Frankly speaking, using a tennis

## Mini Olympics 2A Ng Chun Ho

ball to crush the plastic water bottles down was a big challenge to me because I had never had such an experience before. I think schoolmates must also find the events memorable.

Despite our enjoyment of the Mini Games Day, I genuinely hope that we can participate in Sports Day in the very near future. Let's keep our fingers crossed that the Covid-19 pandemic will end very soon. Wish you good health and happiness.

## Abseiling 3E Chan Ching Tung

In mid-November, our school held the Mini Games Day and various activity options were available. Perhaps nobody would expect a person having a fear of heights like me to put abseiling on top of the list. Yet, I finally took this challenge.

Inspired by the quote of Benjamin Franklin – 'Either write something worth reading or do something worth writing', I told myself that if I could rise to the challenge, I would no longer fear heights anymore.

Nevertheless, while I was in the long queue, I was so frightened that my feet were shaking, and my palms were sweating. Seeing other schoolmates abseiling down the school building confidently, I admired their courage from the bottom of my heart and hoped I could be like them – being determined

and calm. Therefore, when I reached the platform of the starting point, my fierce determination pushed me through the intense fear of heights. Gripping the rope very tightly, I went down the building bit by bit. Although I needed much more time than others to finish it, I successfully stepped out of my comfort zone and achieved my goal.

I was proud of myself. This precious experience proves that we can always surpass ourselves as long as we are determined.



Students line up to bowl.



Let's see how well our Principal, Mr. Au, plays!



Students draw their bows and aim at the target.



Red house students actively participate in the ping-pong challenge.



On your mark, set...



Students display their agility while playing Hado.



Getting a bullseye!



Stepping out of room 403, I knew more about the game of darts. The instructor, who is a fireman, provided us with a very detailed explanation about the rules of the game. Understanding the rules and skills of the game, all of us would like to have a try on the electronic dart board.

We were divided into groups of seven. Teaching us how to hold a dart and throw it out, the instructor added, 'Hehe, very few people can hit the dartboard in their first attempt. Remember not to grab the darts back until you are told to do so. Good luck!' I gave it my best shot on my first try. Nonetheless, I was the

only "unlucky" one while nearly all my schoolmates succeeded, which was extremely embarrassing! Fortunately, after some turns, the darts I threw finally hit the dartboard.

After a few rounds of practice, the instructor held a 7-round competition. Unexpectedly, while the hardest area to score is the center, shooting the area slightly higher than that can get the highest point! Since every dart would be counted, there could be a huge difference after one single round, not to mention eight rounds! As this was the first time we tried darts, the key to victory was simply luck. Still, we've

## Darts 3D Mok Hoi Laam

strived for our best to get some points.

As time went by, rounds of exciting competitions were finished smoothly. We played so many rounds that I could not memorize my score. One thing I do remember is that we all had fun that afternoon.

As the House Captain of Yellow House, I longed to meet my house members on Sports Day. Unfortunately, owing to the outbreak of Covid-19 pandemic, Sports Day was canceled and substituted by Mini Games Day. Frankly, this arrangement really disappointed me and other house captains as we thought the ambiance of Mini Games Day wouldn't be very good. Surprisingly, our schoolmates were very keen on joining the games. The day not only provided an opportunity for schoolmates to showcase their talents, but also strengthened the bonding among house members.

Other house captains and I were responsible for holding the event. We gave our best shot in every step of the organization. While it's quite a hard long slog, all the committee members endeavored to make good

arrangements for the event so as to give our house members a memorable experience.

On that day, the first mission was to hold an Orientation Day for S2 students. We first designed the games aiming at teamwork building between S2 Yellow House members and our committee members. We also needed to prepare some slides to introduce the glorious history of our house to them. At the beginning, most of them were quite shy and might be a bit confused as they had no idea about what they were going to do and what the point of belonging to a house was. Nevertheless, I am glad to see that they were willing to engage in the activity and give us some comments at the end of the activities sincerely.

After the orientation session, house members

played some team building games. Everybody had a burning desire for victory to gain glory for their house, and therefore they strived for good results in different games. I really appreciate their spirit and can't wait to see Yellow House thrive in the future under their leadership!

Mini Games Day was a great success; it's pleasing that I could have such a joyous experience with my Yellow House members.

## 5C Chan Cheuk Yin Yellow House Captain



Students have fun in the basketball shooting game.



Students abseil down our school from the third floor carefully.



Students watch very intently the demonstration of shooting given by Mr. Tong.



6D students find Kin-Ball an enjoyable sport which helps them unwind.



A piece of cake!



Sure success for our first attempt!



## 5D Yeung Tsz Wa Red House Captain

I used to be quite passive and shy when it came to group games. Usually, I was inclined to be a participant instead of a leader in a group. Owing to the cancellation of Sports Day, I had an opportunity to prepare Mini Games Day for S1 and S2 students. Gratefully, I have learnt a lot from organizing the activity.

When I first knew I needed to organize this activity, I was shocked as I had no experience in

holding any events at all. I started everything from scratch; fortunately, I got lots of insights from the discussion with Miss Yung and other house captains. To ensure the Mini Games Day would run smoothly, we took everything into account ranging from the weather condition to the capacity of each venue at school carefully.

Miss Yung played a significant role in creating bonding among house captains. She joined our meetings actively; every time we met, we would come up with new ideas to perfect our arrangements. With our concerted effort, the final version of the games came up. We were very satisfied with the outcome, and we took some videos to demonstrate both students and teachers how to play the games. Devoting our time and energy to preparing the day,

our efforts paid off eventually – everyone found it enjoyable and wished to join it once again.

Mini Games Day was a big success. Everything was under our belt or even better than expected. Take relay as an example. Schoolmates not only discussed strategies together seriously but also cheered for one another to boost their morale. A sense of belonging of S1 and S2 students to their houses was greatly enhanced under the exultant cheer for their house members.

In spite of the many difficulties we encountered during the preparation, we worked together to overcome them one by one. Witnessing the success of the event, we've become more confident of organizing activities for our schoolmates in the future.

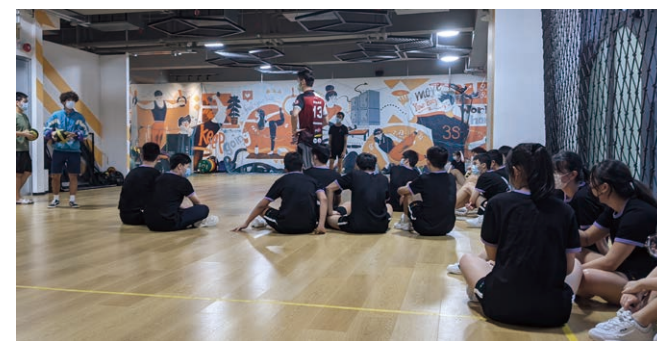
When it came to dodgeball, what sprang to our mind would be the dull ordinariness of this sport. While not until Mini-games Day did we realize how much we had been underestimating the fun this game might bring.

The event began by dividing us into teams. While doing some warm-up exercises, we listened to the instructions given by our coach, a seasoned dodgeball player, to strengthen our sense of teamwork and enable ourselves to have a better grasp of this sport. Acquiring some of the basic skills and theories, we put them into practice by engaging in friendly matches with other teams.

At first, we all had misthought that evading the ball as much as possible was the key to scoring in the game, only to find that confronting by catching the ball from the opponents fearlessly was equally important after a few games. Hard as it might seem, most of us still managed to do it with the encouragement of our coach. Perhaps, this is also applicable in reality – when difficulties befall, instead of dodging them, we should learn to be brave and seek ways to tackle them instantly.

Mini Games Day is one of our last few class activities, we cherished it a lot and I believe that this precious memory will be etched on our minds forever.

## Dodgeball 6B Chan Olivia



The coaches are demonstrating some skills of dodgeball.



Let me knock you out of the ring!

Throwing our books and notes into the air, everybody in our class was talking about the forthcoming big event of our last school year, the day we all have longed for – Mini Games Day. It's such a pity that we could not have Sports Day in our final year. Yet, playing bubble soccer seems to be a good alternative.

While we all thought that this game was a piece of cake initially, it turned out unexpectedly exhausting. Trapped inside a small 'bubble' and sprinting from one end to another chasing after a mini soccer ball, plus bumping each other, unsurprisingly, we were frustrated after only five minutes of the match. Our energy had been drained out in five

## Bubble Soccer 6C Wong Hei Tung Shannon

minutes thoroughly! I bet all of our classmates' arms ached and had no choice but to lie on their bed all day to recover.

Even though it was really strenuous, the fun and exhilaration we experienced were unforgettable. I think all of us would agree that the most captivating part of the activity is bumping against each other without restraint. We could slam into each other really hard until one of us fell, not to mention knock down our beloved teachers, Mrs. E Ng and Miss Szeto without being scolded. We could not help but burst into laughter whenever people got flipped upside down or knocked down during the game.

All these sweats and laughter will be left as a trace to our fond memories and precious moments in our youth.



# 校友專訪——《尊重生命，關愛動物》

記者：3C 王思穎 3E 梁恩蕎 3E 譚鈺婷 3E 陳靖彤 2B 李穎彤 3E 周晉祺 3D 邱博恩 3D 許晉睿

不知大家對社區動物有多少了解呢？在香港，常見的社區動物有狗和貓，牠們每天面臨不同的生存威脅，與此同時，也有不少熱心的動物義工向牠們伸出援手。今天很榮幸邀請到本校2018-2019年度畢業生——湯欣悅校友與大家分享她做動物義工的經歷。

**問：請問您什麼時候有成為動物義工的念頭？**

**答：**我在中學時得知這類義工活動，上年讀大學時開始有這個想法，一方面是因為讀大學有較多餘暇，希望能充實生活；另一方面是本身很喜歡和動物相處。經過一番考慮後，就決定加入這行列了。

**問：甚麼原因促使您選擇做動物義工呢？**

**答：**正如剛才所說，我中學時已對這方面感興趣，無論服務對象是對人，還是動物，我覺得義工本身就是一份需要有人主動去參與、去承擔責任的工作，是一件很有意義的事，加上本身熱愛動物，所以就選擇成為動物義工了。

**問：那您是何時開始投入這工作的？**

**答：**大半年前開始的。

**問：為甚麼在眾多動物之中，選擇貓成為服務對象呢？**

**答：**純粹個人興趣吧，因為我是一個「貓派」。

**問：請問機構收留的貓咪是否全部都是流浪貓？通常在哪些地區發現牠們呢？**

**答：**雖然大部分都是流浪貓，曾經在社區生活，但也有些是被主人棄養；有些是從繁殖場拯救出來。至於流浪貓咪較常出現的地點，通常在深水埗這些舊區。

**問：另外為什麼選擇加入現在服務的組織呢？**

**答：**首先，我十分贊同組織的理念：不會讓任何一隻貓安樂死，而且義工們真的做到了。他們堅持讓動物掌握自己生存的權利，這種態度真的令我十分佩服。

**問：那麼，動物義工主要有哪些職責？**

**答：**就像一間公司的職員，義工的職責大同小異，包括：行政、接待領養者、家訪等。不過，對於我這些資歷尚淺的後輩，還需要先熟習清潔籠子、為貓隻護理等工作，汲取經驗。當然，我也很享受與牠們相處的時光。

**問：關於服務時間，您是按編制的更表，還是按自己閒暇彈性安排呢？**

**答：**起初我們會自由選擇一個當值時間，例如逢星期一晚，之後就固定在這時段服務。偶爾遇上突發情況，可申請早退或請假。這個安排較彈性，一星期當值一天也不算太辛苦。當然其他機構的安排不盡相同，我想最重要是能配合自己的生活、作息時間吧！

**問：做義工有什麼得著呢？例如是快樂的回憶、學到了什麼處事態度等等。**

**答：**過程獲益良多，有很多快樂的回憶，例如經常見到自己喜歡的貓咪，我也能快樂地做自己喜歡的事——照顧牠們。看見牠們開心我也會很高興，是一種心靈上的慰藉呢。從中也學到了做人要細心、有責任感，別人沒有義務一定要幫你的。

**問：您在做義工時，遇過最有趣的事又是什麼呢？**

**答：**因為我主要負責清潔，經常有一些特別活潑的貓，我要像鬥牛般幫牠們清潔籠子。有一次，我清潔好所有籠子後，不過兩分鐘，就有隻調皮的貓，圍著剛新鮮出爐的「便便」，擺著一副「快來幫我鏟掉它！」的模樣，讓我不知道該笑還是該怒。

**問：另一方面來說，有遇過什麼困難或挫折嗎？**

**答：**困難或挫折的話，我倒沒有直接遇到，但曾經有一件事令我很在意。領養者的家居須裝上穩固的窗網，以防貓咪墮樓。當時有隻貓成功找到主人，然而過了一段時間

便傳來牠的死訊。死因是疏忽，那家人在開窗晾衣服後，忘記扣好窗網，主人發現貓咪失蹤，便與義工四處尋找，但貓咪早已墮斃了。由於清潔姨姨以為那是流浪貓屍體，還來不及認領，遺體已被送往堆填區。聽到貓咪死於不幸，我很受打擊。畢竟牠們生病時，是義工悉心地照顧，有些貓本來很怕人，也是義工慢慢地令牠們變得親人，一隻貓能健康地成長、找到領養者，往往結集了眾人的力量。把牠送出去後，卻聽到牠的死訊，實在心痛啊！

此外，也有人認為義工的要求太嚴格，令想領養的人卻步。其實，貓本來就是好奇的生物，對周遭環境、聲音很敏感，牠們愛看窗外風景，例如有小鳥飛過或聽到街上的聲音便會上前察看，所以窗網很重要。我們不時也看到一些貓咪意外跳出窗戶而墮樓的新聞。然而，不少人都忽視這點，誤信貓有九條命，又或者認為安裝窗網，既花費金錢，也不美觀。但再仔細想想，提供良好、安全的居住環境，不是主人應有的責任嗎？義工不放心把貓咪交給不重視生命的人。有時我會因此覺得生氣和無奈，但可以做的就只有繼續推廣正確的觀念吧！

**問：您有想過要放棄嗎？令您一直堅持下去的原因又是什麼？**

**答：**其實能夠看見貓這可愛的生物就已經很高興了，所以並沒有特別想放棄的理由。一定要說的話，比起放棄，偶爾更想請假。畢竟學業有時比較繁忙，或者不太舒服時，都會想休息一下。另外，每次進門排泄物的氣味都會湧上來，清潔時要忍耐這股味道，當然，清潔過後便好多了。一直堅持的理由也很單純，可愛的貓咪本身就是我的動力。

**問：那您有沒有為貓咪而受傷呢？**

**答：**受傷是一定有的，但並不嚴重，最多是被抓傷之類。

**問：家人支持您做這工作嗎？**

**答：**他們都很支持我，有時會因為時間問題而抱怨呢！例如因為要做義工，令我們一起吃晚餐的時間延遲了。但是他們還是很支持我成為動物義工的。

**問：您認為要成為動物義工，需要具備哪些特質或能力？**

**答：**我認為有責任心非常重要，還有要願意做家務，最初都是由清潔做起，最重要肯學習啊！

**問：對於日後有興趣成為動物義工的同學，您有什麼話想跟他們說說呢？**

**答：**我認為最重要有責任心和愛心，此外也要認真衡量自己是否能安排時間。有時候因要事而缺席，的確無可厚非，但作為負責任的義工，也不能經常勞煩他人幫忙頂替吧！

**問：您覺得香港需要更多人投身這類義務工作嗎？**

**答：**當然需要。義工人手經常不足，有時根本無法處理眾多個案。盼望將來有更多人投身此工作，為社區動物服務。

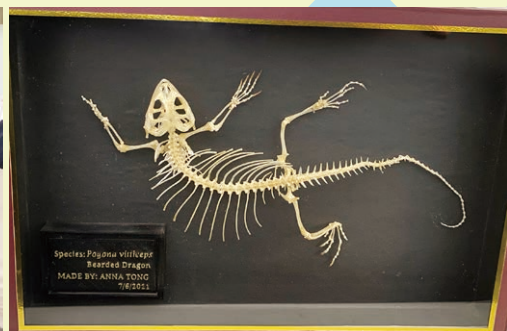
在此特別感謝湯校友的分享，希望同學對社區動物與動物義工這些議題有更多認識。生命無分貴賤，對社區動物的關愛，不單是出於惻隱之心；更是反映對生命的尊重。

**後記：訪問以外**

湯校友早前製作了一隻蜥蜴標本，現存放於生物室。記者們對此甚感興趣，紛紛向她了解製作的原因和過程。標本製作除了出於教學需要，換個角度，也是延續生命的另一類方式，可見湯校友不論是對社區動物，還是大自然的生物，均展現出熱愛與尊重。



同學正在鑑賞標本



湯校友製作的蜥蜴標本



湯校友與記者們



社區動物，又稱流浪動物，在香港我們不難發現牠們的身影



訪問進行中



# 傑出學生專訪——《探索自我，放眼未來》

記者：2A 陳曼晞 2A 吳俊昊 2B 李穎彤 2D 羅家揚 3D 莫凱嵐 3E 陳靖彤

今天，我們很榮幸邀請到中六丙班陳欣豫同學接受訪問。陳同學屢獲殊榮，曾獲選為香港島十大傑出學生、2021香港傑出學生選舉（香港傑出少年），以及第33屆香港特別行政區傑出學生選舉（優異學生），就讓我們借這個機會，一起了解她的心路歷程吧！



陳同學與歐校長一同出席第33屆香港特別行政區傑出學生選舉頒獎典禮

**問：當你知道獲校方提名去競選這些獎項時，你有什麼感受呢？**

**答：**我當下反應沒有太激動呢，因為當時認為傑出學生選舉與一般課外活動差不多，所以抱著平常心去參加。後來，我在網上查閱資料，才得知原來是每間學校提名一個人去參選，所以感到十分榮幸，覺得要珍惜機會。參加不同競選活動後，我才漸漸感到壓力，但可以代表學校參加傑出學生選舉，整體而言，還是感到十分開心。

**問：請問你認為成為一個傑出學生的條件是甚麼呢？**

**答：**我覺得無論在人際交往或者學業等方面，擁有「多行一步」的想法很重要。例如在一次考試中達到及格的要求，我們可以思考如何做得更好，自然就會加倍努力，爭取好成績。又比如參加學會會議時，我會主動幫助同學記錄會議詳情，誰是項目統籌、下次會議日期和事前準備等等，辦事便會事半功倍。我覺得凡事都主動想想如何改善，或者如何幫助別人，就會在不同的地方、團隊能有所貢獻。

**問：在競選期間，你會因為出席面試或不同活動感到很大壓力嗎？你通常會以什麼方式來緩解壓力呢？**

**答：**我認為要同時兼顧學業和活動，壓力是無可避免的。一開始我認為壓力是源於別人對我的幫助和鼓勵，因為這使我開始害怕失敗，怕會辜負別人期望。但後來明白到，這些壓力是我為自己加上的束縛而已。

而紓緩壓力的方法，首先，我認為最重要學會調節心態。我曾聽過一句話：負面情緒像泥土一樣，外表看起來很骯髒，但它實際上可以轉化為成長路上的養分，促使我們成長。所以我認為調節心態，接受各種負面情緒和壓力，也是紓緩壓力的一環。其次，我會收拾自己的房間。有時候看到四周亂糟糟的，心情不免會受影響，而且在過程中，整理物品的同時，也在整理腦袋思緒，讓自己更清楚接下來該做的事情。每個人減壓方式都不同，所以你們也不一定要和我一樣，最重要多發掘、找出適合自己的方法。

**問：獲獎後你最想感謝的人是誰呢？他／她曾怎樣幫助或支持過你呢？**

**答：**說到最感激的人，首先當然是父母，他們一直支持我，給予我最大動力。還記得有次我要去元朗面試，雖然我可以自行前往，但爸爸媽媽卻不辭勞苦地陪我搭上將近兩小時的車程，一起到那裡，當我面試時他們就在附近坐著等待，那感覺就像他們一直站在我身旁似的。

另外，我亦很感謝學校的老師。當我讀中一時就加入了由朱老師負責的演講隊，他讓我有機會去參與各式各樣的演講比賽，更提名我去參加「《明報》小作家」，令我獲得了許多寶貴經驗，之後其他活動我也能從中借鑑，得以有更好發揮。再者，我之前一直都太不擅長英文，從小到大都是比較喜歡閱讀中文書籍，直到加入了趙老師負責的英文辯論隊後，我開始願意接觸英文，用英文與人交流，並接受不同挑戰，這段經歷對我學習英文產生了極大幫助。最後，我想感謝過去一年一直幫助我

的譚老師，每當我在競選過程中遇上難題，他都會為我出謀劃策，在背後給予強大支持。

這些恩師對我的中學生涯影響深遠，而父母也一直在成長路上為我遮風擋雨，在此再次衷心感謝他們的支持和陪伴！

**問：同時兼顧學業和活動，你如何分配溫習和休息時間呢？此外，我們都很有興趣了解你的讀書心得，可以分享一下嗎？**

**答：**在時間分配方面，我認為要有充足的休息，作息定時和不要熬夜，所以我每晚都會堅持在10:30或之前睡覺。如果尚有未完成的事，我會在第二天早一點起床再做。溫習途中如果覺得很疲累，我不會強迫自己繼續，反而會休息，因為太累的時候溫習效率不會太高。我認為時間雖然有限；但精力不是無限，累的時候就休息吧。讀書方面，現今世代很多人會補習，我倒是沒有，好處就是可以自己調整溫習進度。雖然一開始進度會比其他慢，但是長遠來說，我學會自己思考和理解。相比補習的人，我可能要用較多時間鑽研答題技巧，但是如果只靠補習老師直接教授，我們未必真正明白箇中竅門；如果自己鑽研的話，印象會更深刻，可以更好地掌握答題的方法和學習重點。

例如溫習文言文時，我會先理解篇章大意，再探究字詞意思，這樣會更全面地掌握全文主旨。當然這些都是我個人的習慣，我認為最有效，還是要找到屬於自己的溫習方式，大家都要嘗試去尋找呢！

千萬不要害怕花費時間，我們從中可以更了解自己，這樣也是令自己進步的方法。而且找到適合自己的溫習方式之後，成效會有所提升，所以我認為是一件很值得去做的事。

**問：中六畢業後，打算到哪裏升學，以及選讀什麼科目呢？**

**答：**對於到哪裏升學，我還未決定確實地點，目前有兩個想法：一是到英國，二是留在香港。當然，對我而言，在香港升學會比較舒適；但到英國能夠開拓視野，增長見識。去一個新地方，接觸不同人，與他們交流。因為我從沒去過亞洲以外的地方，所以若最後選擇到英國，便是第一次到歐洲了。至於心儀的科目是哲學或者心理學，如果到英國就可能會同時修讀；在香港則會選讀中大哲學系。因為我想讀一些與人有關的學科，了解一下「Think, Feel, Behave」三者關係：究竟人是怎樣思考呢？所產生的感受，又會驅使他們做出什麼相應的行為？對此我很有興趣，想知道多點。雖則很多人會關心修讀哲學的出路，但我個人認為選讀什麼科目也好，不代表日後只能從事相關工作，除非一開始我的目標是成為專業人士，例如醫生，所以我認為選讀什麼科目真的不太重要，最緊要是自己感興趣和享受。

**問：最後，畢業在即，你有什麼話想跟張祝珊的同學說呢？**

**答：**首先，我想說的是，六年時間其實十分短暫，如果同學有想嘗試、想參加的活動，就要把握機會，或者多找老師幫忙、討論。

其次，希望大家在中學生涯中，要有尋找、了解自我的意識，未必只是發掘將來的職業路向，也可以是了解自己的性格和興趣。即使最後沒有答案也沒關係，又或是做不到想做的事也不要緊，畢竟，人生本來就是充滿變化，是個不斷探求、追尋自我的過程呢！



陳同學獲選為香港島十大傑出學生

## 《走進社區，發掘美食——「校園 KOL」訓練計劃》

中一丙 李卓迅



美食當前，令人食指大動



拉麵湯底濃郁，叉燒肉質嫩滑

在十一月期間，我參加了由香港沃土發展社舉辦的「校園 KOL」訓練計劃，當中我最喜歡的活動是「嚕佳餚·訪名廚·撰食評」，它成功訓練我與他人交流的技巧，令我更加主動發言。

交流和溝通，是人與人之間互相認識的橋樑。活動中我需要跟隊員合作，一起訪問餐廳，過程要表達意見之餘，也要用心聆聽他人的看法。我們一同選擇受訪對象，擬定訪問大綱及問題。我們到訪一間位於北角的拉麵店，裝潢頗具特色，可以清楚觀看廚師煮麵過程。其中我最深刻的就是訪問侍應，當時我既興奮又緊張地問了他幾個關於店鋪營運的問題，又問他點餐機是如何操作，他都對答如流，這令我發現自己仍須努力改善表達技巧呢！

經過這個活動，我明白到溝通對一個團體的重要性。我們無時無刻都需要與人保持良好溝通，日常生活的衝突、爭執往往都需要透過溝通來解決。因此，溝通不但是達成共識的基礎，還是獲得友誼、尊重和信任的途徑。只要人們保持交流，盡力了解對方，社會一定會更加和諧！



# A Geographical Field Trip to the Northeastern New Territories Sedimentary Rock Zone

5E Cristy Hu Yee Sai

It was an early morning when our ship set sail.

The wind was piercing and ceaseless, and the ship swayed from side to side in the middle of the sea. Feeling chilly, I constantly rubbed my arms and subsequently curled up on my seat, growing bored and drowsy.

‘Look! That’s the Devil’s Fist!’ Awakened by the exclamation, I moved towards the side of the ship and took a glance at the view. At the coast deposited with numerous rock fragments, the distinctive Devil’s Fist immediately caught my eyes. It was the landmark of Wong Chuk Kok Tsui, and behind it were titled and gigantic layers of rocks. I marveled at the stunning views in front of me, attempting to apply what I had learned to explain the formation of these landforms, while feeling excited at the same time.

In the afternoon, we arrived at a village in Lai Chi Wo, a place with a peaceful and serene environment, not to mention the fresh air there. We walked down the stairs, followed a narrow path, and eventually reached a house. People there were warm-hearted and welcoming. They served us with tasty Hakka dishes. Hearing their conversation in Hakka, I felt a sense of warmth and closeness, as if I was staying with my mother’s family, who are also Hakka.



We all feel very grateful for the clement weather perfecting our field trip.



We are content to see the beautiful coastline under our feet.

After taking a lunch break, we set out to our final destination – Ap Chau, which is well known for its spectacular sea arch.

The glowering waves rushed towards the coast, hitting the rock and bouncing, instantly splitting into countless snowflakes. Near the sea arch, I gazed at the waves crashing against the shore, and listened to their sound, but later on I just soaked myself in the experience, preserving the memories with my eyes, my ears, and my heart.

Time flew like an arrow and it was time to leave. On the ship, I took a nap and thought back to the day. The weather was still cold, but I was full of joy and pleasure.



The mammoth layers of rocks amaze us all.



# Exploration – the Best Pedagogy

## 6D Yeung Lok Hang

Owing to the outrageous pandemic Covid-19, gloom has shrouded the society for months. Plaguing the society with anxiety and monotonous day-to-day routine, the ubiquity of stress has indicated that we are in urgent need of a time-out.

Lucky enough, me and my class were granted an opportunity to visit Tai O during the Lantern Festival.

Tai O is billed as one of the most unpolluted areas in Hong Kong, fulfilling my aspirations towards nature with its host of natural habitats. Thanks to its muddy coastal habitat, species ranging from shorebirds to mudskippers, mangrove water snakes to songbirds can be easily spotted at the wetlands nearby. It is definitely a place that nature fanatics would love. After taking a glimpse of the diverse wildlife, we hopped on board and headed to Sun Ka Street, where the Lantern Festival was held.

Lantern Festival, also known as the Yuan Xiao Festival, is commonly celebrated in Asian countries in the name of honouring deceased ancestors and to seek reconciliation and forgiveness. Yet, instead of worshipping and burning incense in the temple, the Tai O art community group decided to spice things up by announcing the return of the Annual Tai O Lantern Celebration.

With more than 2500 hand-painted lanterns lighting up one of the traditional fishing areas in Hong Kong, along with a mammoth number of gift shops featuring handcrafted products, it's a celebration of culture and leisure. I can still vividly remember gazing at the distinctive street views, with brightly lit lanterns as the backdrop. I have no qualms to assure that it



Face masks cannot veil our excitement of the trip we longed for.

has been one of the most delightful and romantic experiences of my life. No wonder it is crowned ‘the Mini Venice of Hong Kong’.

Despite the symphony of natural resources and the artworks, the misconducted policies and arrangements are a bit of a let-down. Better management of the crowd should be imposed to ensure the mobility and the flow of visitors. Also, guided tours can be organised for the preservation of craftsmanship and traditions.

Nevertheless, the festival surely recharged the society with enthusiasm and elation, though poor crowd control may spoil the experience of visitors. I sincerely aspire to a better-organised activity next year.



We find history at the Tai O Heritage Hotel.

### Editorial Board

Advisors	Mr. CK Au	Mr. R Chow
Chief Editor	Miss KY Lai	
Teacher-editors	Mrs. E Ng	Mrs. K Choi
Chief Editor	5B Kennedy Maia Colleen	
Reporters	2A Chan Man Hei	2A Ng Chun Ho
	2B Li Wing Tung	2D Lo Ka Yeung
	3C Wong Sze Wing	3D Hui Chun Yui
	3D Mok Hoi Laam	3D Yau Pok Yan
	3E Chan Ching Tung	3E Chow Chun Ki
	3E Leung Yan Kiu	3E Tam Yuk Ting
	5B Leung Wun Yu	5C Wong Sin Moon

### Special thanks to:

1C Lee Cheuk Shun Owen	Cheng Shueng Mang
5C Chan Cheuk Yin	Tam Kiu Wai
5D Yeung Tsz Wa	Tsui Man Yui
5E Cristy Hu Yee Sai	Tong Yan Yuet Anna
6B Chan Olivia	Miss KY Chan
6B Wan Tsz Tung	Miss LY Chan
6C Chan Yan Yu	Mr. WT Ho
6C Wong Hei Tung Shannon	Miss M Lam
6D Yeung Lok Hang	Mr. CS Lee
Choo Long Tin Leo	Miss OY Wong