

Sports Prizes 2016-2017

Event	Section	Prize	Class	Winner
JY Excellent Athletes Award 2015-2016	Boys Badminton Team	-	2A	Yeung Long Hei
			2C	Mo Tsz Chun
			2D	Kwan Ho Shing
			2E	Choy Ka Ho
			2E	Ko Ming
			2E	Liu Ka Yuet
			3A	Lee Pak Long
			3B	Dai Mang Ki
			4A	Chan Chun Ngai
			4A	Cheung Pak Long
			4A	Shiu Ho Fung
			4A	Yuen Man Kit Tony
			4B	Sze Chun Yui
			4C	Hui Ka Lok (in absentia)
			4D	Lam Wai Kit
			4D	Sin Shing Chung
			4E	Yee Chun Yin
			5A	Cheng YanXiang
			5A	Cheung Chung Hin
			5A	Mo Ho Hin
6D	Kwok Tsz Wai Derek (Captain)			

Event	Section	Prize	Class	Winner
JY Excellent Athletes Award 2015-2016	Archery	-	6B	Lee Cheuk Lam
	Athletics		4B	Ching San Lok
	Badminton		5A	Zhang Guohui
			6D	Kwok Tsz Wai Derek
	Basketball		-	Chu Yui Ming Calvin
			3C	Chan Ka Tsung
	Football		5D	Woo Wang Hin
	Indoor rowing		5B	Cheng Kai Yee Samantha
	Table tennis		3B	Lau Ching Ming Samuel
5B		Lam Hei Nga		
聖公會李福慶中學友校接力賽	男子友校中學組	冠軍	4A	李國駿
			4B	程燊樂
			5A	張國輝
			5B	胡浚軒
蕭明會長紀念盃滅罪籃球賽	男子組	殿軍	4D	方梓軒
			5B	吳泊漁
			5C	陳允琦
			5C	吳超景
			5D	莫錦城
			6B	余啟涵
			6C	吳澤邦
			6D	李健威
			6E	許浚軒
			6E	勞曉暘

Event	Section	Prize	Class	Winner
蕭明會長紀念盃滅罪籃球賽	女子組	冠軍	1C	吳芷翹
			2B	洪蔚琳
			3A	陳曉怡
			3A	葉曉晴
			3A	施諾霖
			3C	趙佳琳
			5B	李芷悠
			5D	程鈺婷
			6C	何寶珊
			6E	李沛琦
Inter-School Swimming Competition 2016-2017	A Grade Boys 50m Backstroke	2 nd position	3A	Lam Yuk Shan Jason
	B Grade Boys 50m Freestyle	2 nd position	3B	Lau Ching Ming Samuel
	B Grade Boys 4x50m Freestyle Relay	3 rd position	3B	Lau Ching Ming Samuel
			3C	Ng Volker Yee Fung
			4B	Ching San Lok
			4C	Chung Yui Ch
			4D	Tam Wai Ho
	C Grade Boys 50m Freestyle	4 th position	2E	2E (14) Lau Yiu Hin
	C Grade Boys 4x50m Freestyle Relay	2 nd position	1A	Yeung Lok Hang
			1B	Chow Alvin Keng Yin
2D			Wong Wai Tung	
2E			Lau Yiu Hin	

Event	Section	Prize	Class	Winner
「划出彩虹，社區共融！」 室內賽艇錦標賽	男子丙組 1000 米	季軍	2E	侯敬賢
	男子甲組 500 米	季軍	5D	莫錦城
	男子丙組 4x500 米 接力	殿軍	1A	周朗然
			1C	曾桓輝
			2D	杜瀚陽
			2E	侯敬賢
	女子甲組 1000 米	冠軍	5E	鄭佳依
女子甲組 4x500 米 接力	亞軍	4D	黃施漫	
Construction Industry Council Indoor Rowing Competition 2016	Secondary School Senior Girls 500m	Champion	5B	Cheng Kai Yee
	Secondary School Senior Girls 4x500m Relay	Second	4E	Tsoi Sze Yu
			5A	Cheung Lok Lok
			5B	Cheng Kai Yee
5B	Li Tsz Yau Dorothy			
The 34 th Southern District Archery Competition	Boys Beginners	Third	4D	Tam Wai Ho
	Girls Beginners	Second	3B	Lee Nok Yiu
		Third	4C	Ng Sin Yung
Kwai Tsing District Cross-Country Race 2016/17	Boys Group D	Second	5A	Cheung Chung Hin
		7th	3B	Lau Ching Ming Samu

Event	Section	Prize	Class	Winner
CNEC Lau Wing Sang Secondary School The 18 th Annual Athletics Meet – Invitation relay	Boys 4x100m Relay	Champion	3B	Lau Ching Ming Samuel
			3C	Chan Ka Tsung
			4A	Li Kwok Chun
			4B	Ching San Lok
	Girls 4x100m Relay	Champion	4B	Tsoi Wai Ying Vivian
			4D	Wong Sze Man
			5B	Chan Tsz Kei
			5B	Kwan Hiu Shuen
HK Chinese Women's Club College Annual Athletics Meet – Invitation Relay	Boys 4x100m Relay	Champion	5A	Zhang Guohui
			5B	Chan Kwan Yin
			5D	Chow Long Yat
			5D	Woo Wang Hin
	Girls 4x100m Relay	2 nd runner-up	2C	Cheng Sheung Mang
			2C	Lee Kam Ying
			3B	Ma Man Ying
			4B	Tsoi Wai Ying Vivian

Event	Section	Prize	Class	Winner
Inter-School Badminton Competition 2016	A Grade Girls HK Island Division 2	Second	3A	Cheng Wai Ki
			3D	Wong Yin Ka
			4B	Qiao Qingchen
			4C	Fu Shuhua
			5B	Chan Mei Yan
			5B	Lok Ching Tung
			5D	Wong Tsz Yan Emily
			6A	Go Ching Laam
Badminton Invitation Competition 2016	Boys	Champion	1A	Mak Chit Ming
			1C	Chan Ryan
			1C	Tang Chiu Kui
			1D	Ng Manfred
			2A	Yeung Long Hei
			2C	Mo Tsz Chun
			2D	Kwan Ho Shing
			2E	Choy Ka Ho
			2E	Ko Ming
			2E	Liu Ka Yuet
黃大仙區射箭比賽 2016/17	女子反曲弓初級組	季軍	4E	李愷琦
外展 (聯校) 田徑章別挑戰日	女子 D 組跳遠	亞軍	1A	梁躍藍

Event	Section	Prize	Class	Winner
荃葵射箭會射箭錦標賽 2016-2017	女子青少年(反曲弓組)	冠軍 及 18 米距離獎	4C	吳羨蓉
	男子青少年(反曲弓組)	亞軍	4E	胡添華
	男子青少年(反曲弓組)	冠軍	4D	譚偉豪
			4E	胡添華
			5C	施經鏗
第五屆健康生活-室內賽艇邀請賽	中學及青年學院女子組 4x500 米	殿軍	4A	吳穎鈞
			5A	張樂樂
			5B	鄭佳依
			5B	李芷悠
	中學及青年學院女子組 1000 米	冠軍	5B	鄭佳依
Po Kok Secondary School Indoor Rowing Champions	Individual 1000m Boy's Grade C	Champion	2E	Lau Yiu Hin
	Individual 1000m Girl's Grade A	Champion	5B	Cheng Kai Yee
Eastern District Age Group Athletics Meet	E Grade Boys	High Jump 3 rd position Cricket Ball 3 rd position	1C	Tang Chiu Kui
		200m 1 st position 400m 1 st position	1D	Yeung Pak Long
		4x100m Relay 1 st position	1A	Chow Long Yin
			1C	Tang Chiu Kui
			1D	Ng Manfred
			1D	Yeung Pak Long

Event	Section	Prize	Class	Winner
Eastern District Age Group Athletics Meet	D Grade Boys	Shot Put 3 rd position	2D	Ching Ming Fung
		200m 1 st position High Jump 2 nd position	3B	Lau Ching Ming Samuel
		100m Hurdles 2 nd position Long Jump 3 rd position	3C	Chan Ka Tsung
		100m Hurdles 1 st position	4A	Lee Kwan Ki
		100m 2 nd position Shot Put 2 nd position	4A	Li Kwok Chun
		4x100m Relay 2 nd position	3B	Lau Ching Ming Samuel
			3C	Chan Ka Tsung
			4A	Lee Kwan Ki
			4A	Li Kwok Chun
		400m 3 rd position	4C	Chung Yui Chi
	400m 1 st position Long Jump 1 st position	4B	Ching San Lok	
	D Grade Girls	High Jump 2 nd position	4A	Ng Wing Kwan
		High Jump 3 rd position	4C	Chan Sheung Wa
		100m 3 rd position	4B	Tsoi Wai Ying Vivian
		4x100m 3 rd position	2C	Kuang Tsz Ching
			2C	Lee Kam Ying
			4B	Cheng Yik Tung
			4B	Tsoi Wai Ying Vivian
4C	Chan Sheung Wa			

Event	Section	Prize	Class	Winner
Eastern District Age Group Athletics Meet	C Grade Boys	High Jump 1 st position	5B	Au Yee Fu
		High Jump 2 nd position	5A	Tsoi Fong Pui
		4x100m Relay 2 nd position	5A	Tsoi Fong Pui
			5B	Chan Kwan Yin
			5C	Fok Chi Yan
			5D	Chow Long Yat
		100m 2 nd position 200m 3 rd position Long Jump 2 nd position	5A	Zhang Guohui
	Boys Open	4x400m Relay 1 st position	3A	Lam Yuk Shan Jason
			4B	Ching San Lok
			5A	Zhang Guohui
			5D	Woo Wang Hin
	C Grade Girls	800m 1 st position	5B	Chan Tsz Kei
		100m 2 nd position 200m 2 nd position	5B	Kwan Hiu Shuen
		Shotput 3 rd position	4D	Wong Sze Man
		4x100m Relay 1 st position	4A	Ng Wing Kwan
			4D	Wong Sze Man
			5B	Kwan Hiu Shuen
			6B	Chan Sheung Yi
	Girls Open	4x400m Relay 3 rd position	4A	Tong Yan Yuet Anna
			4C	Ng Yee Man
			5B	Chan Tsz Kei
			5B	Li Tsz Yau Dorothy

Event	Section	Prize	Class	Winner
Inter-School Athletics Competition Division 3 Area 3	A Grade Girls	100m 2 nd position	5B	Kwan Hiu Shuen
		200m 4 th position		
		4x400m Relay 4 th Position	5B	Chan Tsz Kei
			5B	Kwan Hiu Shuen
			5B	Li Tsz Yau Dorothy
			5D	Wong Tsz Yan Dorothy
	5C		Lee Sin Man	
	B Grade Girls	High Jump 4 th Position	4C	Chan Sheung Wa
		Long Jump 4 th Position	3B	Ma Man Ying
	C Grade Boys	400m 1 st Position	2D	Cheung Ho Man
		High Jump 2 nd position	2D	Chan Mong Hei
		4x100m Relay 3 rd position	1A	Lau Tsz Hei
			1D	Yap Wing Sun
			2D	Chan Mong Hei
			2D	Ching Ming Fung
			2E	Tam Ho Him
Overall 2 nd Runner Up	-	All C Boys		

Event	Section	Prize	Class	Winner
Inter-School Athletics Competition Division 3 Area 3	B Grade Boys	High Jump 4 Position	3C	Chan Ka Tsung
		High Jump 1 st Position	3B	Lau Ching Ming
		400m 2 nd Position 800m 3 rd Position	4B	Ching San Lok
		100m Hurdles 4 th Position	4A	Lee Kwan Ki
		4x100m 1 st Position	3B	Lau Ching Ming
			3C	Chan Ka Tsung
			4A	Li Kwok Chun
			4B	Ching San Lok
			4D	Cheung Hin Wa
		4x400m 3 rd Position	3A	Tam King Yan
			3C	Chu Man Yin
			3D	Hui Ho Cheong
			4A	Lee Kwan Ki
			4C	Chung Yui Chi
	Champion	-	All B Boys	
	A Grade Boys	5000m 2 nd Position	5A	Cheung Chung Hin
		4x100m Relay 3 rd Position	5A	Zhang Guohui
			5B	Chan Kwan Yin
			5C	Fok Chi Yan
			5D	Chow Long Yat
5D			Woo Wang Hin	
Boys Overall	Champion	-	Boys Athletics Team	

Event	Section	Prize	Class	Winner
青年學院室內賽艇邀請賽	中學組男子個人 500 米	第十名	5C	黃俊龍
	中學組女子個人 500 米	第一名	5B	鄭佳依
Inter-Class Korfball Competition	-	Champion	3C	Yip Chung Hin (3C representative)
		1st runner up	3A	Tsang Hong Ting (3A representative)
		2nd runner up	2D	Ching Ming Fung (2D representative)
Inter-Class Dodgeball Competition	-	Champion	5C	Ng Chiu King (5C representative)
		1st runner up	4B	Ching San Lok (4B representative)
		2nd runner up	5A	Yuk Tin Cheung (5A representative)
Central – Wan Chai Bypass and Island Eastern Corridor Link Remote Control Car Racing Competition	Secondary School Students	2nd runner up	4A	Chan Chun Ngai
			4A	Fong Wai Kit
			4A	Shiu Ho Fung
			4B	Fang Tak Man

Event	Section	Prize	Class	Winner
Bank of China 2017 Inter-school Badminton Competition	Girls Senior Group	3rd	1B	Wan Tsz Tung
			2A	Kwok Ling Mei
			2D	Tsui Sum Yuet
			2E	Tsoi Nga Yan
			3A	Cheng Wai Ki
			3D	Wong Yin Ka
			4B	Qiao Qingchen
			4C	Fu Shuhua
			5B	Chan Mei Yan (Captain)
			5B	Lok Ching Tung
			5D	Wong Tsz Yan Emily
Rosaryhill Sports Tournament	Girls Basketball Competition	2nd	2B	Hung Wai Lam
			2B	Lam King Man
			2C	Cheng Sheung Mang
			2C	Cheung Tsz Ching
			3C	He Huang Katherine Jiaying
			3C	Tse Cheuk Wa
			3C	Zhao Jia Lin
			3D	Chan Yin Man
			4A	Tong Yan Yuet Anna
			4C	Ng Yee Man
			4C	Sun Long Yiu Jasmine (Captain)

Event	Section	Prize	Class	Winner
Rosaryhill Sports Tournament	Boys Badminton Competition	1st	4A	Cheung Pak Long
			4A	Yuen Man Kit Tony
			4C	Hui Ka Lok
			4D	Lam Wai Kit
			4D	Sin Shing Chung
			5A	Cheung Chung Hin (Captain)
			6D	Kwok Tsz Wai Derek
	Girls Badminton Competition	1st	3A	Cheng Wai Ki
			3D	Wong Yin Ka
			4B	Qiao Qingchen
			4C	Fu Shuhua
			5B	Chan Mei Yan
			5B	Lok Ching Tung (Captain)
	5D	Wong Tsz Yan Emily		

Event	Section	Prize	Class	Winner
Inter School Table Tennis Competition	A Grade Girls	2nd	5B	Lam Hei Nga
			5B	Lee Yuet Fu
			6B	Yuan Zhanying
			6C	Li Hau Yi
			6C	Li Tze Ting
			6C	Wong Hei Yin
	B Grade Girls	1st Overall Champion Promoted to Division 1 (2017-18)	1D	Li Man Yee
			1D	Ling Hiu Ying
			1D	Yeung Selina Kai Sze
			2B	Cheung Si Yung
			2B	Lam Yue Ka
			2E	Wong Hoi Lam
			3A	Chiu Cheuk Yiu
			3C	Ng PoYan
			3C	Wong Yuk Yu
			3C	Yeung Kit Yee Lilian
			4A	Yue Man Huen
			4B	Tso Min Yin
			4B	Yuan Zhanrou
4D	Ho Wing Yin Katie			

Event	Section	Prize	Class	Winner
Inter-school Basketball Competition 2016-17 (Hong Kong Island)	Division Two B Grade Girls	Champion	2B	Lam King Man
			2C	Cheng Sheung Mang
			2C	Cheung Tsz Ching
			3B	Ma Man Ying
			3C	He Huang Katherine Jia Ying
			3C	Tse Cheuk Wa
			3D	Chan Yin Man
			4A	Tong Yan Yuet Anna
			4C	Ng Yee Man
			4C	Sun Long Yiu Jasmine
	Division Two (Girls)	Overall 1st runner up	1A	Wong Sze Ting
			1C	Cho Li
			1C	Ng Chi Kiu Dorothy
			1D	Ling Hiu Ying
			2A	Yiu Hoi Hin
			2B	Hung Wai Lam
			2B	Lam King Man
			2C	Cheng Sheung Mang
			2C	Cheung Tsz Ching
			2C	Li Sze Wan
2D	Loi Melody			
3A	Chan Hiu Yee			
3A	Ip Hiu Ching			

Event	Section	Prize	Class	Winner
Inter-school Basketball Competition 2016-17 (Hong Kong Island)	Division Two (Girls)	Overall 1st runner up	3A	Sze Nok Lam
			3B	Ma Man Ying
			3C	He Huang Katherine Jia Ying
			3C	Tse Cheuk Wa
			3C	Zhao Jia Lin
			3D	Chan Yin Man
			4A	Tong Yan Yuet Anna
			4A	Wong Benita Pui Ting
			4C	Ng Yee Man
			4C	Sun Long Yiu Jasmine
			5B	Li Tsz Yau Dorothy
			5D	Michell
BOCHK Indoor Rowing Cup	C Grade Boys – 500m	7th	2E	Lau Yiu Hin
	C Grade Boys – 1000m	5th	2E	Hau King Yin
	C Grade Boys – 4 x 500m	4th	2D	Cheung Ho Man
			2D	Ching Ming Fung
			2D	To Hon Yeung
			2E	Hau King Yin
	B Boys – 500m	8th	2A	Ma Wei
	A Grade Girls – 2000m	10th	5B	Chan Tsz Kei
A Grade – 1000m	1st	5B	Cheng Kai Yee	

Event	Section	Prize	Class	Winner
BOCHK Indoor Rowing Cup	A Grade Girls Overall	4th	3C	Zhao Jia Lin
			4C	Wong Sze Lam
			4D	Wong Sze Man
			5A	Cheung Lok Lok
			5B	Chan Tsz Kei
			5B	Cheng Kai Yee
			5B	Lee Yuet Fu
			5B	Li Tsz Yau
			5D	Michell
			5D	Sze Yuen Yu
	Girls Overall	4th	1D	Lo Hei Lam Avia
			2B	Wang Tianyan
			2C	Wong Sin Moon
			2E	Chan Wing Sum
			2E	Tsoi Nga Yan
			3B	Hui Pak Kei
			3C	Tse Cheuk Wa
			3D	Chan Yin Man
			4E	Lee Hoi Kei
4E	Tsoi Sze Yu			

Event	Section	Prize	Class	Winner
Lau Wing San Invitational Swimming Competition	4x50 Freestyle	1st	1B	Chow Alvin Keng Yin
			2D	Wong Wai Tung
			2E	Lau Yiu Hin
			3B	Lau Ching Ming Samuel
		2nd	1A	Chan Hoi Nam Cloey
			1A	Wong Sze Ting
			1B	Ng Emmanuel
			3B	Ng Yvette